

Behavioral Health Services Racial Equity Initiatives



Agenda

- ❖ Welcome
- ❖ Introduction to Behavioral Health Services
- ❖ Building Trust in the community
- ❖ County perspective on building trust
- ❖ Provider Panel
- ❖ The work continues
- ❖ Closing

Introduction to Behavioral Health Services

- **Services Provided:**

Child, Youth, and Family Mental Health Program; Community Support Team, The Source Support Line for Youth and Caregivers; Warm Line, Older Adult resources; Mental Health Crisis Triage Services, Mental Health Urgent Care Clinic; Homeless Engagement and Response Team; Therapeutic Services focused on the Black and African American Community, and Substance Use Prevention & Treatment Services

- Annual Budget of \$675 M
- 214 Provider Agencies with 403 Programs
- Media Campaign with 41.5 M impressions



Building Trust in the Community

At-a-Glance

- Outpatient Behavioral Health
- Crisis Intervention
- Telehealth & Virtual Services
- Case Management & Continuing Care
- Wraparound
- School-Based Services
- Adoption & Foster Care Services
- Family Advocacy & System Navigation Support
- Juvenile Justice Intervention Services
- Substance Use Prevention Treatment Services
- Workforce Development



- Stanford Sierra Youth & Families provides a comprehensive continuum of trauma informed, culturally responsive, outpatient and community-based behavioral health and social services to empower youth and families to overcome challenges together. Stanford Sierra Youth & Families has proudly served the Northern California community for over 120 years.



Gibrán Méndez, LMFT

Director of Quality Improvement

Oversees all aspects of programs quality improvement such as improvement practice, program evaluation and outcomes, compliance practices and delivery of quality services to youth, families and the community.



For over four decades HeartLand has contracted with Sacramento County to provide a spectrum of mental health services responding to the needs of diverse communities with a commitment to culturally sensitive and trauma informed care. Heartland is committed to Doing Whatever It Takes to cultivate resiliency and wellness in families and to empower them to meet life challenges with strength and confidence. HeartLand strives to be a strong advocate in the community to overcome the stigma associated with living with mental illness.

We Offer These Services for Children, Adolescents and Transitional Age Youth and Their Families:

- ♥ Outpatient Behavioral Health Care Services (Flexible Integrative Therapy and Therapeutic Behavioral Services)
- ♥ Psychiatric Medication Support
- ♥ Telehealth, Community Based and School Based Services
- ♥ Crisis Intervention
- ♥ Peer Advocacy and Support
- ♥ Housing Support Services
- ♥ Family Wellness Center Full-Service Partnership

Deborah Hicks, LCSW
Director of Employee and Community Development



In her role, Deborah facilitates HeartLand’s DEI initiatives, oversees employee development training and internship programs, and develops collaborative networks with community-based organizations, universities, and neighborhood groups. She contributes to policy development and oversight in Sacramento County by serving as a Board and Committee Member with Sacramento Steps Forward Continuum of Care Board, Racial Equity Committee, and Core Equity Team.

Doing whatever it takes.org



The Work Continues

- BHS staff are continuing the work of REAP from the BHREC pilot
- Equity is a standing agenda item at BHS meetings
- Launching a new BHREC partnership with the Latino/Latinx/Hispanic Communities

Intended outcomes:

- ▶ BHS is striving to advance behavioral health equity. As previously done with the implementation of the BHREC focused on the AA/B/ AD communities, BHS is continuing working with CIBHS and the community to:
 - ▶ Increase trust and authentic partnership between BHS and the L/LX/H communities.
 - ▶ Define shared goals that will shape the L/LX/H BHREC through feedback obtained from focus groups and key informant interviews with the L/LX/H communities, behavioral health providers, community partners, and BHS.
 - ▶ Support all BHREC participants, including the county, provider organizations, and community partners, to reduce and ultimately eliminate L/LX/H behavioral health inequities.
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The Work Continues

Tarde Social- 2 In-Person Forms on November 3rd and November 4th

▶ Friday, November 3, 2023 from 5:00 - 7:00 Pm.

▶ Location: Robertson Community Center

▶ Partner: Operated by the Mutual Assistance Network (MAN)

▶ Address: 3525 Norwood Ave. Sacramento, CA 95838

▶ Saturday, November 4, 2023 from 4:00 - 6:00 P-,m

▶ Location: Chabolla Community Center

▶ Partner: Galt Parks and Recreation

▶ Address: 600 Chabolla Ave, Galt, CA 95632

Next Steps: Conduct Key Informant Interviews (Community Readiness Model) and Focus Groups

▶ We are seeking community input on community recommendations on who to interview/engage.

The Work Continues

- **CalAIM (California Advancing and Innovating Medi-Cal) Equity Incentive** – Self Assessment for Modification of Anti-Racism Tool (SMART). Developed by the American Association for Community Psychiatry and tailored for CA. It helps internal teams of individuals from diverse cultural backgrounds and at different levels across the organization to assess the extent to which organizational domains specific to behavioral health are impacted by structural racism.
- CIBHS received funding from the California HealthCare Foundation (CHCF) to support this pilot with 18 BHS MH providers. CHCF is interested in this pilot to see if/how it could be replicated across the state. BHS is also conducting this process internally.
- Developing Equity-Grounded Quality Improvement Coaching/Training for BHS Contract Monitors and Planners.

Please come to our table tomorrow to learn more about these initiatives.

Thank you!

